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☀ PLEASE JOIN US FOR OUR MAY EVENTS ☀



~ Mayapples – Rock Creek Park ~

Please register for East Rock Creek Village events that are held in-person or on Zoom. There is a complete listing of all events on the [ERCV website](http://www.eastrockcreekvillage.org). Click on event title to see the registration page and to get more information. Click on the **red registration button** and provide your information. You will receive a confirmation email and a link to join online. If you have questions, please call the office at **202-656-7322** or email info@eastrockcreekvillage.org.



~~Sunday, May 15: 4:00-6:00 pm~~ (POSTPONED TO SUNDAY, JUNE 5TH DUE TO WEATHER)
VOLUNTEER MEET & GREET COOKOUT

- Our newly trained volunteers will have a chance to meet the residents while



enjoying a festive backyard cookout together.

- There will be food, drink, and a thank-you gift along with an opportunity to share ideas and identify next steps for ERCV's services and programs.
- Space is limited, so trained volunteers should [REGISTER HERE](#) for the June 5th cookout or **RSVP** at info@eastrockcreekvillage.org or **call 202-656-7322** to reserve a spot.

Mondays, May 16, 23 & 30: 10:00 am

ERCV MORNING WALKERS

- We will meet at 1312 Juniper St. NW and walk in the neighborhood unless the group prefers the track behind Walter Reed or the dirt path in Rock Creek Park.
- No reservation is necessary, but if you reply to [this email](#) on Monday by 9:30 am or call 202-656-7322 by 10:00 am we will wait for you before we set out.
- Email info@eastrockcreekvillage.org if you would like to receive an email reminder on Sundays.

Mondays, May 16, 23, & 30: 5:00 pm

ERCV AFTERNOON WALKERS

- The Monday afternoon walkers will meet at the Learmonths' at 1309 Floral St. NW. We may walk on the path in Rock Creek Park, avoiding steep downhill dirt trails, or on the track inside Walker Reed until the demolition chases us out, OR around the commercial and residential construction areas
- Reservations are not necessary, but if you email info@eastrockcreekvillage.org we will send you a reminder email on Sunday evenings. If you call or text Judith McCullough at 202-255-2390 before 5:00 pm Monday, she will wait for you to arrive before setting out.

Tuesdays, May 17, 24, & 31: 8:00-9:00 am

ZOOM OTAGO FALL PREVENTION EXERCISE WITH ANTONIA

- Antonia, our yoga instructor, is leading an online Otago exercise practice designed for those who have Otago experience or experience with other Strength and Balance Classes. This exercise is suitable for almost anyone, with an easy-to-learn routine.

- The program is tailored to those who attend — we can help you get back in shape. Email info@eastrockcreekvillage.org or call 202-656-7322 for more information and the Zoom link.

Tuesdays, May 17, 24, & 31: 4:00-5:00 pm

STRONGER MEMORY BRAIN EXERCISE WEEKLY CHECK-IN

- The StrongerMemory Group participants will share their progress at weekly check-in meetings via Zoom. Group members will receive the link and directions on how to join by phone.
- This StrongerMemory group began in March and is closed to new participants.
- Reserve your spot for our summer cohort by calling 202-656-7322 or email info@eastrockcreekvillage.org.

Fridays, May 20 & 27: 3:00-4:00 pm

ZOOM CHAIR YOGA WITH ANTONIA

- Our long-running class is online each Friday afternoon. Gentle yoga involves centering, stretching, and balancing poses done sitting in a chair or standing next to it. It is recommended for everyone.
- Email info@eastrockcreekvillage.org with questions about Zoom and to receive reminder emails each week.
- Here is the [Zoom link](#) to join the class (The link is the same each week.): <https://us02web.zoom.us/j/85628785908?pwd=Ylp1VzZ5dzBDUFA1aFRWMkVmalpNZz09#success> Meeting ID is 8562 878 5908 and passcode is 618672.

Thursday, May 19: 3:00-4:30 pm

ARMCHAIR TRAVEL SERIES: VIRTUAL DOCENT-LED ART TOUR, “YOU’VE GOT STYLE: AMERICAN ARTISTS, IDENTITY & SELF-EXPRESSION”



- Join Smithsonian American Art Museum (SAAM) docent Melissa Clark on May 19 for a look at artworks that explore issues of identity and self-expression, as evidenced in how their subjects present themselves through their appearance.

We'll look at works from SAAM's collections and have a conversation about how our styles can show who we are.

- **Register [HERE](#)** to receive the zoom link and if registering on the day of the event, click "Join Online Meeting Now." If you have any difficulty, RSVP by email to info@eastrockcreekvillage.org or phone 202-656-7322.

Photo credit: *Zoot Suit*, by Ignacio Gomez (2002), from SAAM collection.

Thursday, May 26; 1:00-2:30 pm
LUNCH BUNCH AT LOTUS CAFE

- Come enjoy lunch with friends on the patio at the **Lotus Cafe, 8077 Georgia Ave, Silver Spring, MD 20910**. When driving north on Georgia Ave, turn right on Sligo Avenue and then make a very quick right onto the access road.
- There is metered street parking and a small parking lot nearby with meters. Each person will order and pay for their own meal while enjoying time together.
- The Lotus Cafe is a delicious Vietnamese restaurant. Enjoy the \$8.99 lunch specials that include a choice of salad, Spring or Summer Rolls, or try a Vietnamese pho noodle soup while seated on a covered patio.
- Please register [HERE](#) or RSVP by email to info@eastrockcreekvillage.org or phone 202-656-7322 so we can save a seat for you and arrange a ride if needed.

Monday, May 30
MEMORIAL DAY



Thursday, June 2; 9:15am-3:30pm
TRIP TO GLENSTONE MUSEUM FOR 4 PEOPLE

- We have 4 free tickets to Glenstone Museum for 10:30am.
- Glenstone is a private contemporary art museum in Potomac, Maryland, 15 miles from downtown Washington, D.C. The museum's exhibitions are drawn from a collection of about 1,300 works from post-World War II artists around the world.
- Glenstone has both inside and outside exhibits and places to eat lunch. Each person will order and pay for their own meal while enjoying time together. The Inside exhibits are accessible with wheelchairs available, but the outside paths are rustic.
- If requested, a volunteer driver can pick up and transport the other three participants who must be vaccinated and boosted. Masks will be worn in museum and in the car.

- Email info@eastrockcreekvillage.org if you would like to be included or to drive. We will plan to get tickets again in July. Here is the link to the [Glenstone website](#). Here is some more information.
- Check out what's [On View](#) at Glenstone or watch [a YouTube interview with artist Charles Ray](#) whose work is on view in the Pavilions.



EVENTS OFFERED BY OUR SISTER VILLAGES (free & open to all Villages)

The following is a sampling of shared offerings; for more,
visit DMVVillageEvents.org

~ **DC Grandparents Against COVID-19 Info Session: Wednesday, May 25, 3:00-4:00 pm** – Join DC Villages to learn about a new campaign by HelpAge USA, the US affiliate of an international organization dedicated to lifting the voices of older adults. You don't have to be a grandparent; anyone over 60 who is willing to speak to family, friends, or neighbors about vaccines is welcome. The program provides the tools you need to have the conversations. [DC Grandparents Against COVID-19](#) is a movement by grandparents united in encouraging loved ones of all ages to get vaccinated and boosted. **Register [HERE](#)**. Offered by **Capitol Hill Village**.

~ **Fiona Hill on “Finding Opportunity in the 21st Century”: Tues, May 31, 11:00 am-Noon** – Hill will discuss her book, in which she shares lessons learned, and explains that only by expanding opportunity can we save our democracy. To **register** click [HERE](#). Offered by **Chevy Chase At Home Village**.



. . . AND SOME COMMUNITY OPPORTUNITIES . . .

~ **DC Attorney General Candidate Forum, Monday, May 16, 7:00** – Hosted by the Shepherd Park Citizens Association, Civic League of North Portal Estates, Chevy Chase Citizens Association, and ANC4A moderated by Commissioner Candance Tiana Nelson. All candidates were invited to participate. The following candidates are confirmed to attend: Ryan Jones, Brian Schwalb, and Bruce Spiva. To register, click [here](#).

~ **SPCA Garden Tour, Sunday, May 22, 2:00pm** – The annual SPCA Garden Tour is a

self-guided walking tour showcasing the beautiful landscapes within Shepherd Park, Colonial Village, North Portal Estates, and The Parks at Walter Reed. This year's Garden Tour is back and will be bigger than ever! Tickets are free for 2022 SPCA Members and children under twelve and those folks can [register here](#) If you're not an SPCA member or know someone who would like to attend, please purchase tickets [here](#).

~ **Shepherd Park Power Walking Club, Every Tuesday at 8am** – Meet at the front door of the Shepherd Park library. There are various walking routes. Walk at your own pace.



ELECTION INFORMATION

DC PRIMARY ELECTION DAY IS JUNE 21ST

ALL REGISTERED VOTERS WILL BE SENT MAIL-IN BALLOTS IN MAY

The District of Columbia's June 21 primary election will determine which candidates appear on November's general election ballot for mayor, attorney general, members of the D.C. City Council, the D.C. delegate to Congress and other citywide offices. Washington, D.C., makes it easy to vote, with same-day voter registration and no-excuse mail-in ballots available to all registered voters.

Access your DC Voter Guide [HERE](#) for the information below + sample ballots.

- **Mail-in balloting:** All active registered voters will be sent a no-excuse mail-in ballot for the primary and general election.
- **Early in-person voting:** You can cast your ballot early and in person at least one week before Election Day at vote centers throughout the city.
- You may drop your voted mail-in-ballot in **ANY Ballot Drop Box at ANY time beginning Friday, May 27 until 8:00 pm on Election Day, Tuesday, June 21, 2022.**
- **WARD 4 BALLOT DROP OFF SITES:** Hattie Holmes Wellness Center, 324 Kennedy Street, NW, Petworth Library, 4200 Kansas Ave, NW, Shepherd Park (Juanita E. Thornton) Library, 7420 Georgia Ave, NW, Fourth District Police Station, 6001 Georgia Ave, NW, Lamond Rec Center, 20 Tuckerman, NE, Takoma Park Neighborhood Library, 416 Cedar Street, NW.



- Note the photo: sites may have two drop boxes -- one for election ballots and one for COVID tests. Take care to use the correct drop box.
- Use the city's Board of Elections' [online tracker](#) to check the status of your ballot

WAYS TO BECOME A REGISTERED DC VOTER:

- **Online:** Use the District's [online portal](#) to register, check your registration status, or update your name, address and party affiliation.
- **Mail:** Download an [application](#) from the Board of Elections website, print and complete it, and mail it to the D.C. Board of Elections at 1015 Half St. SE, Suite 750, Washington, DC 20003.
- **In person:** Pick up an application at the [D.C. Board of Elections](#) or at any [D.C. public library](#) and mail or deliver it in person to the [D.C. Board of Elections office](#). The D.C. Department of Motor Vehicles also offers [automatic voter registration](#) when applying for or renewing your driver's license or a non-driver's identification (ID) card.

If you have questions or need assistance, email info@eastrockcreekvillage.org or phone 202-656-7322.



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Thanks!