

## **COVID UPDATE: GET ANOTHER BOOSTER NOW; DC Home Covid Vaccination Is Available**

Have you received a Covid-19 bivalent booster this spring? Adults aged 65 and older, as well as people who are immunocompromised, should get another bivalent vaccine according to the CDC. The vaccine booster will prevent serious illness or hospitalization from COVID as well as decreasing the risk of long COVID symptoms. If you recently had COVID, wait at least 90 days after you recover before getting another booster. When a new improved Covid vaccine is released -- maybe in the fall -- you will be able to get that one too. Just wait at least four months between boosters (or two months if you are immune-compromised)

The Covid-19 bivalent boosters are being given at all local pharmacies. You can just walk in, complete a form, present your vaccination card and get the Moderna or Pfizer vaccine which was made available last fall. COVID-19 vaccinations are completely covered under Medicare Part B.

Please note that while the DC COVID Centers have been closed, the DC Homebound Vaccination Program continues to provide Covid-19 vaccinations at home for DC residents who cannot independently get to a pharmacy. To make an appointment for a COVID-19 vaccination through the Homebound Vaccination Program call (855) 363-0333.

- Select preferred language.
- Press “1” and leave a voicemail with name, phone number, preferred language, and interest in a home vaccination appointment.
- A DC Homebound Vaccination Program representative will follow up with a call within 48 hours to schedule an appointment.

Wearing a K94 or K95 mask whenever you are in a group setting inside will help protect you from Covid-19 as well as from other communicable diseases such as RSV. If you travel by plane or via the Metro wear your mask. And ask staff in medical offices or workpeople in your home to mask up.

If you would like assistance in getting your Covid booster including a ride to the pharmacy, email [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org) or call 202-656-7322. We have a large supply of masks available free to members and volunteers and a small supply of COVID rapid antigen tests. We will deliver them to you on request.