

**APRIL 2024**

East Rock Creek Village — 202-656-7322

7707 13<sup>th</sup> St. NW, Washington, DC 20012

info@eastrockcreekvillage.org—www.eastrockcreekvillage.org



## **PRESIDENT'S CORNER**

### **April Delights**



Spring has officially sprung in Washington DC. Our spectacular blossoming cherry trees get most of the attention, but let's not overlook the many less well-known charms of the season. During the first week of this month, ERCV volunteers are leading special wildflower walks in Rock Creek Park. Depending on the day, you may see bluebells, trillium, star chickweed, wild ginger, or white and yellow violets. These fleeting moments of beauty remind us to enjoy each day and to savor the season with neighbors and friends.

On a celestial note, mark your calendar for another April de-light on Monday, April 8<sup>th</sup>, when a major solar eclipse will pass across the US. In the DC area the sun is expected to be only about seven-eighths eclipsed. Still, this promises to be an impressive sight. As we all know, looking directly at an eclipse can permanently damage one's eyes. If you would like a pair of protective eclipse glasses to wear, we have about a dozen to offer ERCV members. Let's all enjoy this amazing phenomenon safely and with wonder.

From the cosmic to the local: we will celebrate Earth Day a little early by participating in a neighborhood [spring cleanup](#) on Tuesday, April 16<sup>th</sup>. Join fellow ERCVers at Butternut Street and Georgia Avenue, near the fire station, and help neaten the area. You can volunteer at ERCV's information table or join the cleanup crew. Afterwards we will go to lunch at the Ledo Pizza a few blocks north, which will graciously be offering a 20% discount to helpers. Thanks go to a long-time ERCV supporter, Commissioner Erin Palmer (ANC4B02), for organizing this community service opportunity.

For those interested in art and culture, we have a special [field trip](#) scheduled for Thursday, April 11<sup>th</sup>, to see the Whistler exhibit at the Freer Gallery on the National Mall. It's a chance to visit or revisit a local treasure and surround ourselves for a time with the works of James McNeill

Whistler, including his famous [Peacock Room](#). And, if you're looking for adventure from the comfort of home, please join us on Thursday, April 18<sup>th</sup>, for our online [Armchair Travel Series](#). This time we'll be visiting Patagonia and Easter Island with wonderful photographs taken by ERCV's very own Ralph Blessing.

We will finish the month with a [happy hour](#) on Thursday, April 25<sup>th</sup>, outside on the patio at Olive Lounge in Takoma Park. Come join us and unwind, meet new people, catch up with friends, and enjoy the good food and (I hope) pleasant weather.

As we travel through April, let us embrace the spirit of renewal and possibility that spring so generously offers. It can be time to delight in our environment, to notice, to grow, to connect, to create memories together that we might cherish in the future. I personally look forward to seeing many of you at upcoming events. Please stay safe and enjoy the community and the beauty that surrounds you.

*--David Mackoff*

We mourn the recent passing of ERCV member Norma Kelly and offer our condolences to her husband Stan and their family.

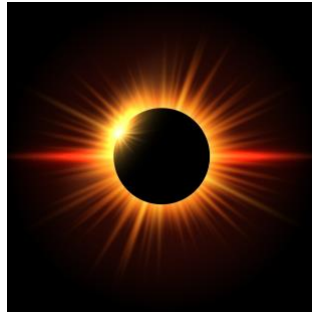


**Happy Birthday to ERCV members  
born in APRIL!**

**Julian Blair  
Edna Lee-White  
Linda Macri  
Cathy Mascelli  
Howard White**

**Please let us know if you prefer not to be included  
in our monthly birthday list or if we missed your birthday**

and you would like to be added.  
Email [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org).



## **SPOTLIGHT:**

### **Safely See the Sun's Semi-Eclipse on Monday, April 8**

Celebrate and observe the solar eclipse that will be visible across North America on Monday, April 8. The National Air and Space Museum, in collaboration with other Smithsonian museums, NASA, NOAA, the National Science Foundation, and the National Radio Astronomy Observatory, presents an outdoor festival with activities for all ages.

The event will run from 12-4pm along the National Mall between 4<sup>th</sup> & 12<sup>th</sup> Streets. Browse the many activity stations to view the Sun with a variety of safe telescopes and explore the different educational offerings from Smithsonian museums and partners.

The eclipse will be visible in the DC area between 2:04 and 4:32pm. Maximum eclipse will be at 3:30pm with the Sun 87% covered by the Moon.

**Staring at the Sun is dangerous for your eyes and can cause permanent damage.**

Attendees are encouraged to bring their own solar eclipse viewers to the festival. A limited number of safe glasses will be handed out during the event, and they may be purchased at Smithsonian museums while supplies last. For \$6.00, you can [place an online order](#) for three pairs to be delivered. The DC Public Library will hand out special solar eclipse glasses between April 1 and 8.

**ERCV has purchased 15 safe eclipse glasses to give to ERCV members.  
Please email [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org); or send a text or leave a  
voice message at 202-320-0213 to get one delivered  
while our supplies last.**



## ERCV MATTERS

**Become an ERCV volunteer driver or a tech coach!** Are you newly retired or have a little extra time to make a big difference? East Rock Creek Village is looking for YOU! Half of all service requests from our members are for transportation – it's mostly weekday rides to doctors' appointments or to attend ERCV events, but we also need occasional weekend drivers. And we have a growing number of requests for tech coaches. As an ERCV volunteer, you help our older neighbors stay active, healthy, and connected, AND you will no doubt make new friends in the process. [Contact Volunteer Committee Chair Susan Learmonth](#) to learn more about how to become an ERCV volunteer or fill out this [online Volunteer Interest form](#) and we will follow up with you.

**Renewed your ERCV membership?** If you haven't yet, please take a moment to join our community of mutual support and engagement. Checks may be written to East Rock Creek Village and mailed to: **ERCV, 7707 13th Street NW, Washington, DC 20012**, or [CLICK HERE](#) to pay membership dues online by credit card. If you are joining as a new member, please use the same form, but include the names, email addresses, and birthdates of your household. Feel free to call **202-656-7322** with any questions or concerns. For more information about annual dues, please [visit our website](#) for details. Thanks to everyone who has renewed or given recent donations.

### **Want to get more involved with ERCV?**

Visit our [WEBSITE](#) to learn more, or go to the [Membership](#) or [Volunteering](#) page.



## HELPFUL INFORMATION

**Tax-time help:** The [AARP Tax-Aide program](#) that provides free income tax preparation and filing is available to our Village community. You can have your taxes done in person at Emery Heights Recreation Center, 5701 Georgia Ave. NW. The days/hours there are Tuesdays & Thursdays, 10am-2pm. **Appointments are preferred.** Call 202-643-9263 and leave a message to make an appointment. In addition, several ERCV volunteers are also certified tax counselors in the AARP program. Call or email the ERCV office at **202-656-7322** to arrange tax prep assistance from one of the ERCV volunteers.

**Phone scam warning:** DC's Metropolitan Police Department (MPD) is warning the public about a phone scam in which scammers impersonate MPD officers on the phone and attempt to extort people by claiming an arrest warrant has been issued against them for not appearing for a jury duty summons. The scammer then asks for money to remove the warrant.

**Department of Transportation updates:** [Upgrades](#) are coming to the intersection of [Georgia & Alaska Ave. NW](#) between Shepherd Park and Takoma. DDOT plans to add dedicated left-turn lanes, install new crosswalk markings, improve signage, and enhance visibility at the intersection. DDOT is also [proposing changes](#) to the intersection of [Piney Branch & Aspen St. NW](#) in Takoma. Under the new design, right-turn-on-red would be banned, parking would be reduced to improve visibility at the intersection, and hatched markings would narrow the lanes to encourage drivers to slow down as they approach the intersection. And in early April, DDOT will announce a new group of Ward 4 streets and intersections that it is prioritizing for safety improvements next quarter on its online [Traffic Safety Input database](#). Click the "Quarterly Prioritization" tab to see which areas are selected.

**Electric bike subsidies for eligible residents:** From April 1-15, DDOT will be accepting applications for the [District E-Bike Incentive Program](#), which **provides up to \$2,000 for DC residents to buy electric bicycles (e-bikes)** and supports bicycle businesses in the District. The first phase of the program is limited to DC residents on SNAP, TANF, Medicaid, or DC Healthcare Alliance. In the unlikely event funds are still available after this initial phase prioritizing lower-income residents, a second application window will open that any DC resident can apply for.

**Traffic camera locations in Ward 4:** DDOT has a new website for its [Automated Traffic Enforcement program](#) that places traffic cameras across DC to curb traffic infractions and improve safety on our roadways. Among other features, the website includes an [interactive map](#) of all the speeding, stoplight, stop sign, and bus lane traffic cameras in Ward 4 and around DC that neighbors can check out.

*Several items above are excerpted from Ward 4 Councilmember Janeese Lewis George's March 22 newsletter. Sign up [HERE](#) for weekly updates from her office.*



## HEALTH UPDATES

**"Choose Healthy Life" screenings and vaccines:** Nineteenth Street Baptist Church, 4606 16<sup>th</sup> St. NW, is hosting a multi-part health program on April 7, from 10am to 3pm in the Fellowship Hall, as part of its [Choose Healthy Life](#) Initiative. Quest Diagnostics will conduct a variety of free "Blueprint for Wellness" screenings, including for glaucoma. You will receive a printed "health blueprint" booklet in 2-3 weeks, mapping your individual health results, with recommendations based on your lab test results, as well as tips to get and stay healthy in 2024.

Giant Pharmacy will also be conducting a vaccination clinic, providing COVID vaccinations and boosters and flu shots, as well as shingles vaccinations. All vaccinations are free to the public

and will be delivered in a private space. For additional information, contact Choose Healthy Life Health Navigator Janyce F. Jefferson. The number for text messages or calls is 410-804-9325. The email address is [jfjhealthnavigator19@gmail.com](mailto:jfjhealthnavigator19@gmail.com).

**Older Americans should get another COVID shot this spring.** The Centers for Disease Control and Prevention (CDC) is now recommending another round of vaccinations for Americans ages 65 and older. The CDC says people who recently had COVID can wait at least three months to get their next coronavirus shot since there is strong immunity conferred from infection. The CDC Advisory Committee on Immunization Practices recommends that adults ages 65 years and older receive an additional updated 2023-2024 COVID vaccine dose. Adults 65 years and older are disproportionately impacted by COVID, with more than half of COVID hospitalizations in October-December 2023 occurring in this age group. CDC continues to recommend that everyone stay up to date on their COVID vaccines, especially people with weakened immune systems. For information on vaccine safety, please click [HERE](#).



## ERCV PORTRAITS – Cynthia Udhiri



Growing up in Fredericksburg, Virginia, Cynthia Udhiri longed for the excitement and opportunity of the big city. She had many relatives in DC, so she made her way here in June of 1971 and began building a life for herself. Her first job was at J. Edgar Hoover's FBI as a clerk typist. She married in 1974 and later enrolled at UDC, studying computer science in the very early days of that industry. After landing a trainee position in computers at the Veterans Administration, she decided to change her major and ultimately earned a degree in psychology. When her daughter was born, Cynthia took a year off and then went to work for a phone company in Virginia. She wasn't excited about the daily commute, so she accepted a position at the Federal Reserve in DC, where she stayed until retiring in 2017.

Cynthia has lived on 9th Street for 50 years and is an active member of Concerned Neighbors Inc. The organization, started many years ago, works to keep the community safe, clean, and vibrant.

Cynthia has always loved travel and has been all over the world. Thailand is her current favorite destination. She loves that it's inexpensive and that the atmosphere is so friendly and warm. A close second favorite is Turkey, with its rich history and delicious food. She has visited a number of European countries, plus Ghana, Kenya, Egypt, Israel, Morocco, and Greece. Nigeria is a frequent destination for Cynthia, as her daughter lives there, working for the Tony Blair Foundation. She would love to experience Dubai, Jordan, and Vietnam in the future.

In addition to being a globetrotter, Cynthia loves to sing. She was in her church choir prior to the pandemic and hopes to return one of these days. She's also a volunteer for Takoma Park Meals on Wheels and the Early Readers program at Shepherd Elementary School.

Cynthia hopes to get more involved with ERCV now that COVID restrictions have eased. She loves Otago and would be very interested in having the Village sponsor some kind of dance class or event. If you haven't had a chance to meet Cynthia yet, hopefully you will see her at a Village event soon!

*-- Our thanks to ERCV volunteer and Board member Brenda Mejia for this interview*



## ERCV APRIL EVENTS CALENDAR—



*~ Star Chickweed, Rock Creek Park ~*

*There is a complete listing of all events on the [ERCV website](#).*



*Please register online for ERCV events that are held in-person or on Zoom. Click on the event title to see the registration page and to get more information. Click on the **red registration button** to provide your information. You will immediately receive a confirmation email with instructions, including the Zoom link for online programs and reminder emails prior to the event. Online event reminders will include a **Join Online Meeting Now** button for easy access. If you have questions, please call the office at **202-656-7322** or email [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org).*

Mondays & Wednesdays, April 1, 3, & 8 (See times below.)

### **WILDFLOWER WALKS**

- Early April is a wonderful time to enjoy wildflowers in Rock Creek Park. On these Monday and Wednesday mornings and Monday afternoons, an ERCV Volunteer leader will share wildflower expertise while on the walk.
- The group will meet at the Parkside & West Beach Drives entrance to Rock Creek Park. No registration is required, but those who do register will receive an email reminder on Sunday or Tuesday evening.
- If you would like a ride to the start of the trail, please contact a walk leader for that day at least 2 days in advance. Call on the day of the walk if you want us to wait for you.
- **For Apr. 1 & 3 walks** call or text Susan Davis at **202-656-7322**; and **for Apr. 8 walks** call or text Judith McCullough at **202-255-2390**.
- Click on the links to **register**: [Monday, April 1: 10am-11:15am](#); [Monday, April 1: 4pm-5:15pm](#); [Wednesday, April 3: 9am-10:15am](#), [Monday, April 8: 10am-11:15AM](#) ; [Monday, April 8: 4pm-5:15pm](#)

Tuesdays & Thursdays, April 2 & 4; 9 & 11; 16 & 18; 23 & 25; & 30, Shepherd Park Library: 12:30-1:30 pm

### **OTAGO FALL PREVENTION EXERCISE CLASS IN PERSON!**

- Otago is a program of 17 exercises designed to increase strength and balance, proven to decrease the incidence of falls when practiced regularly by seniors.
- ERCV offers two in-person classes and one on Zoom (see calendar item below) each week. All are welcome, including those who use a cane or walker. We have a set of ankle weights to loan out and will assist you in getting your own.
- Classes meet in an upstairs meeting room at the Juanita E. Thornton/Shepherd Park Library at 7420 Georgia Ave. There is an elevator. The room is large, with an air filtering machine. Instructors and participants wear masks during class.
- There is a small parking lot in front of the library and some street parking on Georgia Ave. (some metered) and in the neighborhood along Geranium and 12th Streets. We can arrange rides for ERCV members.
- **Register** [HERE](#) or for more information contact [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org) or phone Susan Davis at **202-656-7322** to arrange an orientation before class.



Wednesdays, April 3, 17, & 24: 4:00-5:00 pm (NOTE: No class April 10)

**StrongerMemory BRAIN EXERCISE WEEKLY CHECK-IN — NEW MEMBERS WELCOME!**



- Just 30 minutes a day, 3 simple exercises, [StrongerMemory](#) is a breakthrough program that helps improve brain health.
- The StrongerMemory Group participants will share their progress at weekly check-in meetings via Zoom. Group members will receive the link and directions on how to join by phone.
- You can **register** for the program by clicking [HERE](#) or by emailing [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org) or phoning **202-656-7322**. If you are new to the program, you will receive a free StrongerMemory Workbook. If you have come before, you will receive additional math problems and writing prompts.

Fridays, April 5, 12, 19, & 26: 1:00-2:00 pm

**ZOOM OTAGO FALL PREVENTION EXERCISE WITH ANTONIA**

- Antonia, our yoga instructor, leads an online Otago exercise practice designed for those who have Otago experience or experience with other strength and balance classes. This exercise is suitable for almost anyone, with an easy-to-learn routine. Ankle weights are encouraged, but not required.
- The online class is designed for those who have already learned the Otago routine and is tailored to those who currently attend our in-person classes.
- **Register** [HERE](#) to receive the zoom link & join the online class. Email [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org) or call **202-656-7322** for more information on Otago.

Fridays, April 5, 12, 19, & 26: 3:00-4:00 pm

**ZOOM CHAIR YOGA WITH ANTONIA**

- Our long-running class is online each Friday afternoon. Gentle yoga involves centering, stretching, and balancing poses done sitting in a chair or standing next to it. It is recommended for everyone.
- **Register** [HERE](#) to join the online class or email [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org) with questions or to receive reminder emails each week.

Mondays, April 15, 22, & 29: 10:00 am (For April 1 & 8, see Wildflower Walks above.)

**ERCV MORNING WALKERS**

- We will meet at 1312 Juniper St. NW and take a leisurely stroll around the neighborhood.
- No reservation is necessary, but if you call 202-656-7322 by 10:00 am, we will wait for you before we set out.
- Email [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org) if you would like to receive an email reminder on Sunday evening.

Mondays, April 15, 22, & 29: 4:00 pm (For April 1 & 8, see Wildflower Walks above.)

### **ERCV AFTERNOON WALKERS**

- The Monday afternoon walkers will meet at 1309 Floral St. NW. The group will decide the route – neighborhood sidewalks, around The Parks at Walter Reed, or a dirt path in Rock Creek Park.
- Reservations are not necessary, but if you call or text Judith McCullough at 202-255-2390 before 4:00 pm Monday, the group will wait for you to arrive before setting out.
- Email [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org) if you would like to receive a reminder message on Sunday evening.

Wednesdays, April 17, & 24: 9:00 am (NOTE new time & see April 3 Wildflower Walks above; no April 10 walk)

### **MORNING WALK ON TRACK BEHIND SHEPHERD SCHOOL**

- An ERCV walking group gathers on the track behind Shepherd School. Any pace or length of walk is OK. You can expect lots of conversation!
- Enter the track from Kalmia Rd. or Jonquil St. between 14<sup>th</sup> and 16<sup>th</sup> St. There is plenty of street parking on both sides.
- If you plan to come, please email [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org) or call/text **202-656-7322**. If you let us know, we will look out for you and add you to the reminder email or text message which is sent out Tuesday evenings. All are welcome!

Thursday, April 11: 11:00 am-3:00 pm

### **FIELD TRIP TO THE FREER GALLERY**



- You are invited to join other members, volunteers, and friends of East Rock Creek Village to visit the Freer Gallery of Art.
- Join a walk-in, docent-led tour to explore the many sides of American artist James McNeill Whistler. Experience the artist's paintings, watercolors, pastels, and prints, along with objects by Asian artists that inspired his style and subjects. Visit the famous Peacock Room.
- The group will meet at 11am at the entrance to the Takoma Metro. We'll take the Red Line to Metro Center, then transfer to the Blue or Orange Line to the Smithsonian exit. It's a short walk to the Freer. We'll return at approximately 3pm.
- Each person can purchase lunch at one of the cafés at the nearby National Museum of American History. <https://americanhistory.si.edu/visit/food-stores>.
- **Register [HERE](#)** and let us know if you need a ride to the metro.



Tax Day — April 15

Tuesday, April 16, 11:00 am at Butternut St. & east side of Georgia Ave. NW

### COMMUNITY CLEAN-UP & LUNCH AT LEDO'S

- Join **East Rock Creek Village** to help clean the area on the east side of Georgia at Butternut, by the **DC Fire Department's Engine Co. No. 22**. Volunteers may sit at the ERCV information table talking with participants and passers-by or help with the trash pickup.
- Enjoy lunch together after the clean-up at **Ledo Pizza**, 7435 Georgia Ave. NW, including a 20% discount for clean-up participants. Thanks to ANC Erin Palmer for organizing this community service opportunity!
- **Register** [HERE](#) or call the ERCV office at 202-656-7322 with any questions.
- There is actually a whole week of [Spring Clean-ups](#) at various locations across ANC 4B from April 13-21.

Thursday, April 18: 3:00-4:30 pm

### ARMCHAIR TRAVEL: TO PATAGONIA & BEYOND WITH RALPH BLESSING



- Join ERCV member and world-traveling photographer Ralph Blessing for an armchair tour of Patagonia and surrounding vistas in Argentina and Chile, as well as a hop, skip, and jump to Easter Island.
- The focus of the trip was exploring the mountains and glaciers in the "cone" of South America, nearly all the way to Tierra del Fuego, which he and his wife Debby did with 13 other folks of comparable seniority

(average age of 75).

- **Register** [HERE](#) or email [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org) or call 202-656-7322 for help signing up.



Thursday, April 25: 4:00-5:30 pm

### HAPPY HOUR AT OLIVE LOUNGE



- Let's celebrate Earth Day a few days late and enjoy a spring afternoon together on the covered back patio at Olive Lounge at 7006 Carroll Ave., Takoma Park, MD.
- Enjoy the happy hour menu or order an early dinner from the regular menu. Click [HERE](#) to take a look. Each person buys their own meal, so bring a credit card to start a tab, or pay with cash.

- Reach the back patio by walking through the parking lot at Willow and Carroll or along the walkway. Parking in the lot costs \$5 and is often full. You can park for \$3 for 1-2 hours in the lot entered at the corner of Laurel and Carroll. There is also limited street parking.
- **Register** [HERE](#) or by email to [info@eastrockcreekvillage.org](mailto:info@eastrockcreekvillage.org) or call **202-656-7322** so we can save you a seat. And let us know if you need a ride.

**Please note:**  
**ERCV's programs are free and open to all!**  
**Anyone who needs help signing up for ERCV, Village,**  
**or community events should feel free to contact**  
**the ERCV office at 202-656-7322.**



## EVENTS OFFERED BY OUR SISTER VILLAGES (free & open to all Villages)

Villages in the DC area work closely together. We share resources and invite each other to participate in our larger programs. Below is a sampling of programs we have been invited to attend by other DC Villages. For more, visit [DMVVillageEvents.org](http://DMVVillageEvents.org)

**~ Senior Fraud Presentation by the US Attorney's Office: Monday, April 1, Noon, St. Paul's Church, 2430 K St. NW** – Learn about the different types of scams, how to spot warning signs, and ways to avoid becoming a victim. **Register** [HERE](#). Offered by **Foggy Bottom West End Village**.

**~ The Fungus Among Us: Thursday, April 11, 11:00 am-Noon via Zoom** – Fungi are neither animals nor vegetables. This visually impressive presentation by Steve Altman describes what they are, their role in creating and maintaining our natural world, and recent discoveries that evidence their importance to our future. **Register** [HERE](#) by April 10 to receive the link. Offered by **Northwest Neighbors Village**.

**~ Live & Learn: Scams Directed at Senior Citizens: Monday, April 29, 3:30 pm, in person or via Zoom** – The Consumer Financial Protection Bureau's Lisa Schifferle will review with us the Top Ten Consumer Fraud alerts. Imposter scams, identity theft, credit card and gift card fraud,

investment scams, and tech support scams are just a few of the fraudulent activities Lisa will educate us about. Lisa is a Senior Policy Analyst in the CFPB's Office for Older Americans. She leads the Managing Someone Else's Money financial caregiving program as well as the Money Smart for Older Adults program. She also supports the Office's work to combat elder financial exploitation through network collaboration and age-friendly banking. The zoom link will be sent at 8:00am on April 29; or you can attend in person at Friends Meeting House at 2111 Decatur Pl. NW. **Register [HERE](#)**. Offered by **Dupont Circle Village**.

For [Washington Area Villages Exchange \(WAVE\)](#) activities in the region, check out their website.

## . . . AND OTHER COMMUNITY EVENTS . . .

~ **Book Talk with Author Robert P. Jones, *The Hidden Roots of White Supremacy and the Path to a Shared American Future*: Wednesday, April 3, 7:00 pm, All Souls Church, 1500 Harvard St. NW** – Taking the story of white supremacy in America back to 1493, and examining contemporary communities in Mississippi, Minnesota, and Oklahoma for models of racial repair, *The Hidden Roots of White Supremacy* helps chart a new course toward a genuinely pluralistic democracy. It also explains how the Founders could build the philosophical framework for a democratic society on a foundation of mass racial violence, and why this paradox survives today in the form of white Christian nationalism. Tickets: sliding scale \$0-\$100 with in-person and online options. Book sales, signing, and light reception to follow. For details and to **register**, click [HERE](#) or call 202-332-5266.

~ ***Conversations at the Kreeger Museum*: Monday, April 8, 11:00 am and 1:00 pm, 2401 Foxhall Rd. NW** – ***Conversations***, a program for individuals with mild to moderate memory disorders and their caregivers, provides a forum for dialogue and connection through art and music. Each hour-long program includes an interactive gallery talk and a musical component. The experience is designed to stimulate reflection, reduce stress, and increase communication and sociability. Space is limited and advance registration is required. Reserve only one space, and you will be prompted to fill out the name of both the participant and the caregiver. The April 8 program will discuss Claude Monet's *The Arm of the Seine near Giverny in the Fog*. **Register [HERE](#)**.

~ ***Friends of the Shepherd Park Library Book Sale*: Saturday, April 13, 10:00 am-4:00 pm; and Sunday, April 14, 1:00-4:00 pm** – This sale, both indoors and (weather permitting) outdoors, will feature all new stock, including new DVDs and CDs. No item costs more than a dollar! The Friends will also be soliciting memberships as well as opinions about what kind of events would prompt you to come to the library.

~ ***Earth Day: Power to the Planet*: Sunday, April 14, 11:00 am-3:00 pm, TPSS Co-op, 201 Ethan Allen Ave., Takoma Park** – with music, speakers and community groups sharing information. To learn more, click [HERE](#).

~ **See Me at the Smithsonian – National Portrait Gallery: Wednesday, April 17, 2:00-3:00 pm via Zoom** – This is a free virtual interactive program for adults with dementia and their care partners. During each event, pre-registered participants (12-15 people) explore some of the Smithsonian’s most beloved objects through small-group discussions and multi-sensory activities. Contact [Access@si.edu](mailto:Access@si.edu) to **RSVP** or click [HERE](#) for more information.

~ **Black Voices Book Club – Sankofa: Monday, April 29, 6:30 pm, Juanita E. Thornton/Shepherd Park Library, 7420 Georgia Ave. NW** – The Black Voices Book Club meets on the last Monday of each month. On April 29 we will discuss *Sankofa* by Chibundu Onuzo. Copies of this book are available at Shepherd Park Library, the e-audiobook is available [here](#) and the e-book is available [here](#). Call 202-541-3966 for more information.

-- Our thanks to Shelley Moskowitz, ERCV member and consultant, for compiling news & event updates.

🌀 Like ERCV's Village Voice? Forward it to a friend! 🌀

ERCV Newsletter Editor: Nancy Foster [nfoster14thst@gmail.com](mailto:nfoster14thst@gmail.com)

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Our thanks to the DC Department of Aging and Community Living (DACL) and The Washington Home for their generous support.

